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The Gift of Perspective

Wisdom I Gained from Losing a Leg and Two Lungs

LINDSEY ROY

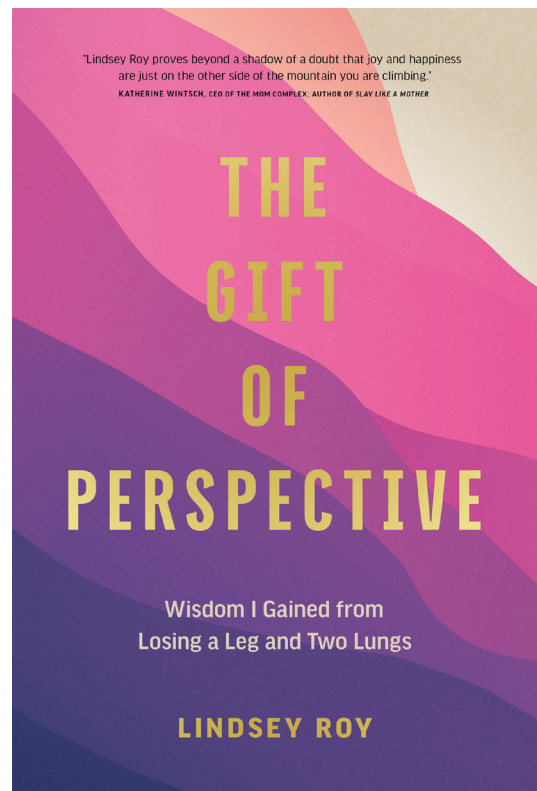
“Lindsey Roy proves beyond a shadow of a doubt that joy and happiness are just on the other side of the mountain you are climbing.”

—**Katherine Wintsch, CEO of *The Mom Complex*; author of *Slay Like a Mother***

At age 31, Lindsey Roy was named vice-president at Hallmark Cards—one of the youngest in the company’s more-than-100-year history. Her life was abruptly transformed five years later when she was nearly killed in a boating accident. Left with an amputated left leg and severe limb injuries, and facing a long and difficult recovery ahead, she was determined not just to heal, but to emerge stronger. She eventually shared what trauma had taught her about happiness in a TEDx talk that has been viewed nearly 200,000 times.

Eight years post-accident, fully adapted to her circumstances and genuinely thriving, Lindsey confronted the unexpected again: she was diagnosed with a rare and progressive disease that destroyed the blood vessels in her lungs, requiring a double-lung transplant. This profound setback challenged her to actively shift her viewpoint in order to discover the hidden advantages of her situation and new depths of resilience in herself.

Now a sought-after speaker, she’s imparting these hard-won lessons to help you adapt, persevere, and innovate in your own life. Brimming with valuable insights forged in the fire—from Lindsey’s journey and from other inspiring individuals she’s met along the way—*The Gift of Perspective* is ready to meet you where you are, and no matter where adversity may find you.



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ABOUT THE AUTHOR

Lindsey Roy is a senior vice president at Hallmark Cards, where she has worked for more than 20 years. Her unique life experiences, along with her natural gifts for speaking and writing, have culminated in a desire to share her story in the hopes of helping others tackle whatever obstacles life throws at them. Her story has been featured in major publications, such as *O Magazine*, *Fast Company*, *Forbes*, and *Working Mother*.

Lindsey lives in Kansas City with her family. This is her first book.



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GIVE THE GIFT OF PERSPECTIVE

The Gift of Perspective offers inspiration to help leaders disrupt, adapt, and thrive in their personal and professional pursuits. An ideal corporate gift for executive teams, boards of directors, and leaders at all levels of your organization, this engaging memoir reminds us how perspective is the most powerful tool to keep us moving forward—especially through life's toughest trials.

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